About Carol

Carol is of Cherokee Indian heritage and is a naturalist, wilderness guide, environmentalist, healer, and offers earth spirituality experiences through her organization, Serene Wilderness Tours. Carol has performed Soul Retrievals, Shamanic Healings and Shamanic Counseling for many years. She is now teaching those techniques to others due to popular demand.

Shamanic trainings available in your area with your friends and spiritual group - please call. Minimum of six participants are required. Call now to schedule your training!!!
**Basic Shamanic Training**

Ancient wisdom teaches us we all have guides which are always there to help us and that it is our self-imposed isolation that closes the doors for our alignment of these loving natural spirits to support us.

During this weekend, participants will learn what shamans have known for centuries; that of entering a sacred place where Great Spirit talks to our Soul. Students will participate in Shamanic Journey work, becoming connected to their individual Power Animals and Spirit Guides. Each student will learn to communicate with their guides to obtain answers to questions of mental, emotional, physical and spiritual dimensions that affect their relationship which will give them wholeness and a greater sense of well-being.

**COME EXPERIENCE**

⊕ Core Shamanism History
⊕ Why all Shamans use this technique
⊕ Meet your power animals and spirit guides
⊕ Learn to communicate with your power animals
⊕ Find lost power animals
⊕ Obtain answers for healing for self and others
⊕ Heal physical, emotional, mental, and spirit wounds for yourself, others and the planet
⊕ Learn to understand how trauma affects our soul

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**Advanced Shamanic Training**

**Healing Emotional and Spiritual Wounds**

In all Indigenous cultures, the use of Shamanic healing was done and continues to be practiced. Using this ancient wisdom, we continue to use our power animals and spirit guides to align our body, mind and spirit obtaining wholeness and harmony in our lives.

**THE GOAL IS TO...**

⊕ Have a deeper connection with your guide
⊕ Heal physical, emotional, mental, and spirit wound to heal the soul
⊕ Learn to trace the underlying cause of the disassociation
⊕ Learn to connect with universal healing
⊕ Learn to heal personal spirit wounds, retrieve soul parts, and heal the physical body
⊕ Learn to meld the soul and spirit with the physical body
⊕ Learn to heal through transmutation
⊕ Create ceremonies to nurture your spirit

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**Shamanic Training**

**Basic class – 2 days**

An Introduction to core shamanism...

Each participant will learn to trust their power animals and learn to do Shamanic Journeys for other people to determine answers, healing, and direction for the patient. Come learn this ancient process.

**Advanced class – 3 days**

The basic shamanic Training is strongly recommended prior to this class as well as a Soul Retrieval. Each participant will be using their power animals and spirit guides to obtain direction and answers for the profound healings. Join us in obtaining the tools used by all Indigenous Peoples to heal not only ourselves, but also the consciousness of our world from fear to love.

**CALL TO REGISTER!**

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